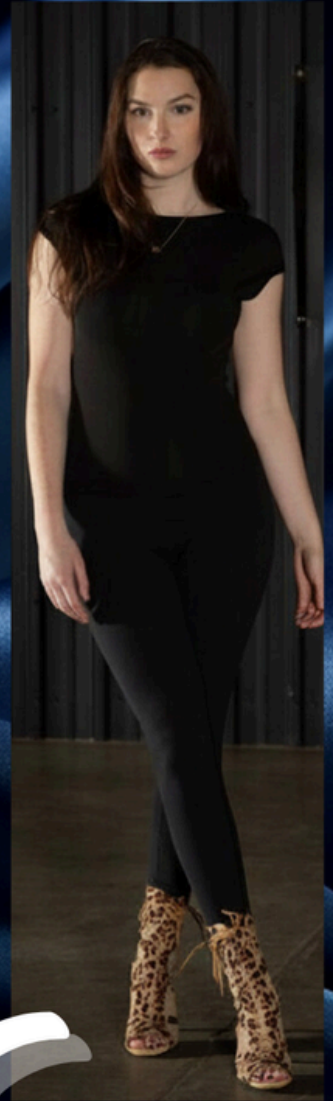


Embody Dance Collective Presents



Alter Ego

2PM & 7PM

Trinity Hall Theatre

09

MAY

2026

SHOW PROGRAM

ALTER EGO SHOW PROGRAM

The Everyday

Human

Choreographed by Jessie Kajorinne

Seven Nation Army

Choreographed by Emma Dubinsky

Suit & Tie

Choreographed by Emma Dubinsky

Bossy

Choreographed by Emma Dubinsky & Jessie Kajorinne

When I Grow Up

Choreographed by Emma Dubinsky

Anxiety

Choreographed & Danced by Jessica Petruk-Berardi

Express

Choreographed by Kristina Schroeder

ALTER EGO SHOW PROGRAM

The Shift

You Should See Me In A Crown

Choreographed by Emma Dubinsky

Breakin' Dishes

Choreographed by Emma Dubinsky

Creep Vocals by Jessie Kajorinne, Choreographed &
Danced by Aleksa Shermack & Laura Sprovieri

El Tango de Roxanne Danced by Mandi Husiak
Choreographed by Emma Dubinsky

Show Stop

Choreographed by Jessie Kajorinne

Aye Hip Hopper Danced by Aastha Malhotra
Choreographed by Aastha Malhotra & Jessie Kajorinne

Dream A Little Dream (Of Me)

Choreographed by Maddy Bouvier

ALTER EGO SHOW PROGRAM

Alter Ego

Alter Ego

Choreographed by Emma Dubinsky & Jessie Kajorinne

Grown Woman Danced by Sierra Grouette-McDougall
Choreographed by Emma Dubinsky

I Like What I Like

Choreographed by Jessie Kajorinne

Do Right

Choreographed by Maddy Bouvier

Get The Money

Choreographed by Jessie Kajorinne

Yukon

Choreographed by Emma Dubinsky

Lose Control

Choreographed by Jessie Kajorinne

ALTER EGO SHOW PROGRAM

Big Spender

Choreographed by Kristina Schroeder

Embodiment

Never Looked So Good

Choreographed by Emma Dubinsky & Jessie Kajorinne

Glorious Danced by Melanie Ollivier

Choreographed by Jessie Kajorinne

All Nite (Dont Stop)

Choreographed by Emma Dubinsky

Body

Choreographed by Jessie Kajorinne

Feeling Good

Choreographed by Maddy Boivier

Lady Danced by Kristina Schroeder & Jonathon Gerrie

Choreographed by Emma Dubinsky

ALTER EGO SHOW PROGRAM

Let it Go

Choreographed by Jessie Kajorinne

Unstoppable & Unapologetic

Rain On Me

Finale

Break My Soul

Curtain Call

Thank You

To our dancers— thank you for trusting us, showing up & sharing your time, energy and talent. Creating and dancing alongside you all has been such a beautiful experience. Congratulations on an amazing show!

To our audience— thank you for your support, and for being a part of this journey with us. It truly means more than we can express!

Please note: This performance includes the use of theatrical haze and lighting effects.

MEET THE TEAM

EMBODY DANCE CO.



Emma

FOUNDER. DIRECTOR.
INSTRUCTOR. CHOREOGRAPHER

Emma Dubinsky

Emma Dubinsky is a dancer, choreographer, and educator based in Thunder Bay, Ontario. She began dancing at just three years old and, after high school, moved to Toronto to pursue her passion professionally. She is a graduate of the Commercial Dance Program at George Brown College, where she was honoured with the Faculty Award. She then went on to work professionally in the dance industry in Toronto.

Trained in jazz, hip hop, ballet, modern, musical theatre, and heels, Emma continues to grow her craft through ongoing training with leading industry professionals. Her performance credits include the Pan American Games Opening Ceremonies with Cirque du Soleil, the HUM Awards, Creativiva, MAS Fest, The Nutcracker with Ballet Jörgen, Jesus Christ Superstar, Nuit Blanche, and performances with Army of Sass and Sensual Heeling. Emma continues to perform in local shows in Thunder Bay.

As a choreographer, Emma's recent credits include Chicago, Guys & Dolls, and currently Cinderella with Applauze Productions. She has also produced and directed original charity showcases in Thunder Bay, including Curtain Call and Here & Now.

Emma is the founder and director of Embody Dance Collective, a training and performance company rooted in confidence, artistry, and community. Through Embody, she creates meaningful opportunities for adult dancers of all levels to train, perform, and connect & now within her own studio space.

A passionate and dedicated educator, Emma has taught across Ontario in both studio and community settings. She loves to create a welcoming, supportive environment where dancers feel empowered to grow and express themselves.

Emma is so proud of the work that our team has created for Alter Ego! She'd like to thank her family for all of the support through this process and her students for their trust and energy.



Jessie
INSTRUCTOR.
CHOREOGRAPHER.

Jessie Kajorinne

Jessie is from Thunder Bay, ON, where she currently resides and works as a Registered Pharmacist. She began dance at the age of 14 years at International Dance Academy in Thunder Bay, training in several styles such as ballet, jazz, and hip hop. It was here where she discovered her passion for hip hop. She continued dancing with Legacy Dance Co. in Thunder Bay for several years, where she was privileged to teach hip hop classes to students of all ages, as well as adults. Jessie took her training further while living in Toronto, ON for pharmacy school. She became a member of Silhouettes Dance Co., a non-profit charity dance troupe based in Toronto which fused several styles together including contemporary, street jazz, and hip hop. She also choreographed for the University of Toronto Pharmacy Performing Arts Club. Additionally, Jessie was a regular patron of The Underground Dance Centre where she was able to train in various styles of dance, with a focus on advanced hip hop choreography. Jessie has had the honour of performing at various events in Thunder Bay, including The Hunger and other DefSup Art Gallery events. Her goal with dance is to celebrate the capabilities of all bodies in dance, as well as to share the joy of dance with others!



Maddy
INSTRUCTOR.
CHOREOGRAPHER.

Maddy Bouvier

(She/They)

Maddy began her performing career at a young age, acting in Cambrian Players One Act Play festival, and their love of the stage grew! Being a part of different local stage shows, musicals, dinner theaters as well as helping out backstage, she knows the ins and outs of the stage.

Beginning her burlesque career as Inga Ja, with Les Coquette rouge over 10 years ago showed her a new side of the stage to love. The art of burlesque is sometimes misinterpreted, but at its core involves the art of the tease, empowering a performer with the ability to captivate their audience with something as simple as a glove peel, and comedy (camp) within routines.

You may have last seen Maddy as Lulu, a kit kat club girl in Badanai Theatre's production of Cabaret, or maybe tearing it up on stage as Fitz n Cider, local drag king, or performing live science shows with Science North.

As a lover of dance and theater, she is beyond ecstatic to see her art hit the stage. With a theater background spanning over 25 years, and a passion for burlesque, Maddy has poured her heart and soul into these dancers and their routines. Each one tells a story and allows every dancer the chance to tap into a slower, sensual, feminine side of themselves.

Thank you students for trusting me, following my vision and coming along this journey with me!!! Thank you to Emma, for giving me a place to train and teach, within a judgmental free, safe space. To fellow choreographers, fantastic job! A very big thank you to you, the audience member. Local theater, dance and performances would be oh so boring to an empty venue, thank you.

This is dedicated to my biggest supporter; love and miss you to pieces.

A woman with long, straight blonde hair and bangs is shown in profile, looking towards the left. She is wearing a black, sleeveless top. She is holding a large, black, circular hat with a wide brim and a central depression. The background is a solid, dark blue color.

Kristina

INSTRUCTOR.
CHOREOGRAPHER.

Kristina Schroeder

Kristina is thrilled to make her choreography debut with Embody Dance Collective in Alter Ego.

She is no stranger to the stage as she began dance at 4 years old with Fay Gleeson Dance Centre (where she is still dancing and currently taking tap classes). She has trained in many styles such as tap, jazz, lyrical/contemporary, hip hop, and musical theatre. She performed in last year's Curtain Call show and has been with Embody since it's creation.

As well, Kristina is part of the local theater community, starting at just 10 years old with Magnus Theatre. She has performed and choreographed productions with Applauze Productions, and Badanai Theatre. She has also performed with Cambrian Players, and in Magnus Theatre's 10x10 festival.

She thanks Emma and Jessie for being the best teachers, mentors, and friends she could ask for. She also thanks her Broadway Jazz dancers for trusting her and being such great students.

Lastly, she thanks her friends and family for their support, with special acknowledgement to her mom for being the loudest cheers at every performance. A final thank you to her amazing boyfriend who gets to join her on stage for this show.

Thank you for supporting the arts and hope you enjoy the show!



Jacqueline
ASSISTANT



Ashley
ASSISTANT



Shaundra

STAGE MANAGER

A Note, With Love

When I began envisioning the concept of Alter Ego, I kept coming back to the idea that we all hold different versions of ourselves. I love the fact that all of our dancers come from different walks of life, different backgrounds, different cultures, different careers, etc. But, what's beautiful is we all connect through dance and movement & we can become anyone we want to be when we're in the studio or on stage. This creative process has been about giving space for all different versions of ourselves and stepping into them unapologetically. The dancers & choreographers have truly exceeded my expectations on what this show and concept could become. It has been so special to witness the growth and transformation on this journey.

Dancers – thank you for your trust, your courage, and your willingness to explore beyond your comfort zones. I am truly in awe of what Embody has become and all of you make it possible. I could not be more grateful to witness you all flourish as dancers and as people. You have truly embodied this concept, these dances and this show. It has been incredibly inspiring.

To the team who helped bring this to life – I love you & I'm so grateful for you. Your creativity, your time, energy & care on this project has meant the world. All the hard work has really paid off. You all inspire me and push me to be a better person, instructor & dancer. Thank you for all that you bring to Embody.

And to our audience, thank you for supporting and for sharing this experience with us. Your presence allows this work to exist. We can't wait to show you what we've been working on. Please show these dancers all the love, they deserve it! Get up and dance if you feel like it, enjoy and take it all in. I hope our show inspires you to be bold and unapologetically you!

THANK YOU ALL for bringing this vision to life & allowing me to live out my dream through this company. The love & support within our community is truly something special. I'm forever grateful!

With love & gratitude,

Emma

Special Thanks

A special thank you to Denise & Russell from Applauze Productions for bringing ALTER EGO to life through lighting and sound, and to Trinity Hall for providing a space for us to create and share this work.

To our entire Embody community (including those not performing in this show) thank you for your continued support, energy, and belief in what were building together.

Thank you to Luan Schittenhelm for being our official photographer and always capturing us and our essence so beautifully.

And to our families, friends, and supporters — thank you for your encouragement, your patience, and for standing behind us every step of the way.

THANK YOU

Join Our Community

**Drop-In Classes | Training Programs | Studio to Stage |
Wedding Dance Choreography & MORE!**

If you are interested in joining our community and want experience what Embody is all about, we would love to have you! Whether you're stepping into the studio for the first time or returning to your love of dance, we offer a welcoming space to move, grow, and connect. From drop-in classes to performance programs, there's a little something for everyone! We offer styles such as Hip Hop, Heels, Broadway Jazz, Burlesque, Contemporary & more.

Visit our website or follow us on social media for details on classes and programs!

Website: www.embodydancecollective.com

Instagram - @embodydance.co

Facebook - Embody Dance Collective

YouTube - Embody Dance Collective

Embody
dance co

